



Meadowlands
by Optima Living

August 2026

Meadowlands

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Calendar Legend</u> All Day <i>Sign-up</i> Entertainment Payment Required Outings Special Programs TV & Movies Family Events Prospect Event Meetings	<u>Locations Legend</u> 2nd Floor (2) Day Room (DYZ) Lobby (L) Dining Room (DR) Recreation Room (RR) Chapel (CH) Recreation Patio (RP) Bistro (B) 2nd floor (2) Common Room (CR) Front Parking Lot (FPL) Back Parking Lot (BPL)					9:30 Ball Exercises (2) 1 10:45 Coffee/Tea Social in Bistro (B) 2:00 CARD BINGO (10 dimes) (DR)
9:30 Lucky Roller (2) 2 10:30 Color Therapy (DYZ) 2:00 Nintendo Video gaming (DYZ) 4:00 Church with Dallas (CH)	9:30 Chase The Ace (2) 3 9:30 TECH TIME (RR) 10:30 Nature Walk (L) 11:00 Facts or Fiction (2) 2:00 BINGO (\$1) (DR) 6:30 Card Club Canasta, Whist, Bridge DYZ (DYZ)	9:30 Silver Strength (2) 4 10:30 Nature Walk (L) 10:30 Jeopardy (2) 2:00 Board Games (DR) 6:30 Card Club Canasta, Whist, Bridge DYZ (DYZ)	9:30 TECH TIME (RR) 5 9:30 Silver Strength (2) 10:30 Sing Along (DYZ) 2:00 Music with Neal Siedlecki (DR) 6:30 Drinks on the Deck (RP)	9:30 Hear Canada Clinic 6 (CR) 9:30 CHAIR Exercises with Weights (2) 10:30 Recreation Round Table (DYZ) 1:45 Movie "Sheep Detectives" (DYZ) 3:15 Victory Lutheran Service (CH) 6:30 Card Club Canasta, Whist, Bridge DYZ (DYZ)	9:30 LRC (2) 7 9:30 TECH TIME (RR) 10:30 Nature Walk (L) 10:30 Dominos (B) 11:00 Rosary (CH) 2:00 MUSIC with Peter Mueller (DR) 6:30 Card Club Canasta, Whist, Bridge DYZ (DYZ) 6:30 Vintage Vehicle Parade (FPL)	9:30 Ball Exercises (2) 8 10:45 Coffee/Tea Social in Bistro (B) 2:00 CARD BINGO (10 dimes) (DR)
9:30 Lucky Roller (2) 9 10:30 Color Therapy (DYZ) 10:30 Lets Play Pool (2) 2:00 Nintendo Video gaming (DYZ)	9:30 Chase The Ace (2) 10 9:30 TECH TIME (RR) 10:30 Nature Walk (L) 11:00 Trivia, Riddles, facts (2) 2:00 BINGO (\$1) (DR) 6:30 Card Club Canasta, Whist, Bridge DYZ (DYZ)	9:30 Silver Strength (2) 11 10:30 Nature Walk (L) 10:30 Taxi Tuesday(Mall, Walmart, Norwood Mall) (L) 10:30 Wheel of Fortune (2) 2:00 Country Legacy (DR) 6:30 Card Club Canasta, Whist, Bridge DYZ (DYZ)	9:30 TECH TIME (RR) 12 9:30 Ball Exercises (2) 10:00 Culinary Advisory Meeting (DR) 10:00 Meadowlands Market (L) 2:00 Outsmart Game (2) 6:30 BINGO (Free) (DR)	9:30 Silver Strength (2) 13 10:30 Nature Walk (L) 2:00 Sing a Long (DYZ) 3:15 Victory Lutheran Service (CH) 6:30 Card Club Canasta, Whist, Bridge DYZ (DYZ) 6:30 Drinks on the Deck (RP)	9:30 LRC (2) 14 9:30 TECH TIME (RR) 10:30 Outing to Echo Dale "Hotdogs and music" (L) 11:00 Rosary (CH) 2:15 Summer fun "Remote Control Cars" (RR) 6:30 Card Club Canasta, Whist, Bridge DYZ (DYZ)	9:30 Ball Exercises (2) 15 10:45 Coffee/Tea Social in Bistro (B) 2:00 CARD BINGO (10 dimes) (DR)